

COOKING: INDIVIDUAL TRAININGS AND CORPORATE TEAM BUILDING SESSIONS

COURSE SUMMARY

The concept of cooking has been revolutionized over the years. It is no longer just in one's kitchen and to mothers or family cooks whipping recipes for some home-cooked meals. Now cooking has become of the most lucrative and sought-after profession as well as a relaxing and creative hobby for some. Our cooking training is not just all about cooking but going more than that like plating to maintaining proper hygiene and cleanliness in the kitchen. Thought as informal cooking class training, it is an ideal occasion for a group corporate teambuilding session or as a cooking training for individuals who want to experience boundless possibilities and opportunities.

WHO IS THIS COURSE FOR?

The course is designed for those who want to learn the basics skills of kitchen craft, from lining a cake tin to serving a roast.

WHAT WILL THIS COURSE HELP ME DO? LEARNING OUTCOMES

The main objective is to learn the right cooking techniques that in time and with coking exercise will ensure rapid individual improvement. We will work on learning the basics and than developing on this knowledge through a series of step-by-step exercises. Each of the two chosen modules will further understanding of basic coking knowledge: what makes an emulsion, that Swiss cheese goes into melted strands when heated; that tomatoes and basil are an unbeatable combination; that spicy things benefit from a touch of sweetness and so on.

COURSE OUTLINE

For a one course, one needs to choose two modules from the following:

- Breakfasts and brunches
- Sensational soups
- Dinner party and festive main courses
- Delicious deserts
- Outdoor cooking

For each of the 2 modules we will work on developing a series of kitchen craft skills, covering:

- Kitchen planning

- Buying food
- Preparing food
- Cooking food
- Preserving food
- Serving food

COURSE FEE

FOR COURSES CONDUCTED AT OUR LOCATION IN TURDA

- 670 RON (VAT included) for 1 participant, representing a small charity and not-for-profit
- 1200 RON (VAT included) standard price, applies to 1 representative from any other type of organisations

FOR COURSES CONDUCTED AT A LOCATION NEAR YOU

- 670 RON (VAT included) for 1 participant, representing a small charity and not-for-profit + travel and accommodation expenses
- 1200 RON (VAT included) standard price, applies to 1 representative from any other type of organisations + travel and accommodation expenses

OTHER COURSES TO CONSIDER

- Event management
- Sustainable development and CSR